

**Pastor:**

The Rev. Dr. William F. R. Gilroy  
410-263-4723; ext. 12  
billgilroy11@verizon.net

**Chaplain:**

Paula Thistle  
410-703-2669  
chaplainpaula@gmail.com

**Church Secretary:**

Christine Sindt  
410-263-4723, ext. 10  
church@stmartinsonline.org

**Director of Music Ministry:**

Tyler Horton  
410-263-4723 x13  
thorton@stmartinsonline.org

**Building Manager:**

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410-544-1707  
buildingmanager@stmartinsonline.org

**Director of Youth Ministry:**

Laura Albanese  
443-699-2539 - cell  
youthdirstmartins@gmail.com

**Day School Principal:**

James D. Moorhead  
410-269-1955, ext. 21  
jmoorhead@stmartinsonline.org

**Director of Admissions:**

Kelly Peenstra  
410-269-1955, ext. 20  
kpeenstra@stmartinsonline.org

**Church Council**

**President:** Larry Laubscher

**Vice President:** Deb Mangin

**Worship & Music:** Marianne Drumm

**Fellowship:** Debbie Livingston

**Christian Education:** Linda Wetz

**Financial Secretary:** Glenn Hollenbeck

**Church Treasurer:** Mick Thistle

**Finance Chairperson:** Tom Freeman

**Social Ministry:** Sara Wetz

**Stewardship:** Allison Poltorak  
Scott Schrier

**Evangelism:** Jonathan Aseltine

**Memorials:** Mick Thistle

**Property:** Tim Doyle

**Chair, School Board:** Molly Michaelson

**President Emeritus:** Heather Tuckfield

*Deadline for April Tabletalk Articles 3/25*

## Pastor's Corner

### A NOTE FROM PASTOR BILL:

First of all, I would like to express my appreciation to you for the way you have welcomed me and accepted me as your Interim Pastor during Pastor Dave's time away on active duty. Nancy and I have both enjoyed being a part of the St. Martin's family for several years now but were just a bit anxious about assuming the roles that are now ours to fill. Your warmth, love, and encouragement, however, have alleviated that anxiety and made us feel comfortable and for that we are most thankful.

As I write this message to you, we find ourselves on the threshold of Lent. Ash Wednesday is just one week away, and with its arrival Lent begins. Traditionally our worship schedule during the Lenten season includes mid-week worship services, and this year that tradition will continue. However, this year will be a bit different!

On Wednesday evening March 13<sup>th</sup>, a trial will begin in our sanctuary, and you are being called to "jury duty." ***The People vs Judas Iscariot*** (a worship and drama series for Lent) "honors the theme of Lent and beckons introspection" as the author of the drama intends. "The story of (Judas') betrayal and confession holds in tension the judgment of God on the one hand and the free grace of God on the other," the author says. It is "guided by three objectives: 1) to revisit the passion narrative, hearing details through key witnesses in ways we may not have considered before now; 2) to prompt reflection upon our own need for forgiveness; and 3) to focus on the sacrificial death of Jesus Christ and his suffering for the sins of the world."

This will be a much different and unique way for us to observe Lent this year, and one that will hopefully enhance the meaning and value of this season for us all.

So, I hope you will consider joining the jury for ***The People vs Judas Iscariot***! Listen to the witnesses called by the prosecution and the defense. Then determine whether **JUSTICE** or **GRACE** should be the verdict, and what that might mean for us all!

The Lenten Season is special for many reasons. I look forward to sharing this experience with you.

In God's Peace!

Pastor Bill



## A Note from Pastor Gilroy

It is very important to Chaplain Paula and I that we are informed when any member or friend of St. Martin's needs surgery or hospitalization. We want to be there for you, and that is only possible when you let us know that you are scheduled for outpatient or inpatient surgery, or for any hospital stay. So please email either Chaplain Paula and/or I, and we will be available to offer prayer and support. If you desire to keep such plans confidential, we will certainly maintain that confidentiality.

## First Holy Communion

On Transfiguration Sunday, March 3 at the 10 am service, Liam and Colin Downing, Jake Freeman and Daniel, Lina and Owen Gunhus received their first holy communion. Please lift in prayer and congratulate them!

## Pancake Supper

**Boy Scout's Shrove Tuesday Pancake Supper** will be **THIS Tuesday, Mar. 5 from 4:30 pm - 7 pm** in the gym. All you can eat for \$6.00! Children under 4 are free. There will also be a gluten-free option for pancakes and vegetarian sausage. Tickets will be sold at the door.

## March 6 is Ash Wednesday

Make worship a priority as we start Lent with the imposition of Ashes. Worship on **March 6** will be at **Noon and 7 pm**. We hope you'll start your Lenten journey in worship and then re-commit to weekly worship and mid-week worship services. **Worship and Drama Series for Lent** will be held on **Wednesdays in Lent: Mar. 13, 20, 27 and Apr. 3, 10**.

## JOYFUL HEARTS

## March Joyful Hearts

Ladies of St. Martins, please join us **on Saturday, March 9, at 10:00 am** as we engage in a prayer walk around the church property. We will be praying for our facility, our grounds, our school, our programs, our people, and others we hold near and dear to our hearts. We will share our thoughts and cares with each other. Please join us for our prayer journey at St. Martin's.

## Flying Quilters



The **Flying Quilters** will meet again on **March 11 and 25 in Fellowship Rooms A/B from 10 am – 2 pm**. New quilters are always welcome –no experience required. Also, the quilters are in need of flat fitted sheets (any color) and pillowcases. Thank you 😊

## Outie Lunch Group

"Outie" Lunch Group - **Tuesday, Mar. 12 at 1 pm** at **Soul**, located at **509 S Cherry Grove, Annapolis** (it's right off of Forest Drive, behind Ledos Pizza and CVS). Hope you can be there. Contact Carole Komenda 410-266-7132.

## Yoga Class is Back!

**Wednesdays- beginning March 13<sup>th</sup> (not March 6<sup>th</sup>) 6-7pm** Join us on Wednesday's evenings for an hour of gentle, mindfulness yoga. This is a 6week session and the cost is \$30 per person. Class size is limited so sign up soon. Adults and youth (6<sup>th</sup>-12<sup>th</sup> grade) are welcome to join. To sign up email Laura Albanese.

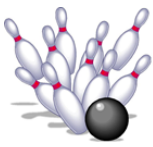
## Pizza and Movie Night



Beat the winter doldrums and join us for Adult Fellowship "**Pizza and Movie Night**" on **Saturday, March 16, at 6:30 pm in the fellowship hall**. Pizza will be provided; you're welcome to bring your own beverage and a snack or dessert to share while we watch the film "Hidden Figures".

## Prayer Shawl Ministry

The next meeting will be held on **Tuesday, March 19, 1-4 pm** at the home of Judy Svoboda her address is 1273 Log Canoe Court, Annapolis, MD 21403. If you have questions, please call Judy at 410-267-9060. For those unable to meet, please keep knitting and crocheting; Pastor Bill and Chaplain Paula continue to find loving homes for our efforts. If you have a family member or friend who would like a prayer shawl or lap throw, please contact Pastor Bill, Chaplain Paula, or Dottie Hall (443-646-6630). We mail these "tangible hugs from God" out of town.



## Dinner and Bowling

Calling All Elementary Youth and

Families - Join us on Friday, March 29<sup>th</sup>

6:30-8:30pm for dinner and bowling. All

elementary youth and their families are invited to join us for an evening of fun and fellowship at the Annapolis Bowling Alley. We'll grab pizza at the bowling alley, play a few frames and have a special dessert. Sign up by contacting Laura Albanese at:

[youthdirstmartins@gmail.com](mailto:youthdirstmartins@gmail.com). Cost is \$20 per family.

## New/Used Eyeglasses Needed

In an effort to assist people around the world who need corrective lenses to assist them with their sight, we will be collecting eyeglasses (new and/or used) for distribution to those in need. The Lion's Club will be distributing these much-needed glasses. Glasses can be placed in the box in the narthex.

## Memorial Garden and Columbarium (MCG)

Phase 1 is complete, and we are now working on completing the Butterfly presentation and the Narthex egress to the gardens. A total of 25 niches have been purchased and 4 others are pledged. We are in need of funds to complete the balance of the project. Will you consider participating in this important ministry? If you are not interested in purchasing a niche, please consider making a memorial gift in the name of a loved one for a minimum of \$2,000 and/or a Project donation for any amount. Mel Tuckfield 410-971-7059.

## Endowment Fund

At the end of each year, we, on the Endowment Fund Board, have the delightful responsibility to distribute the interest accrued during the year; we get to play Santa Claus in the season of giving. This year we supported the Flying Quilters, allowing them to take advantage of a special sale to purchase a new sewing machine, batting for their quilts and other notions. We sent a donation to Arden House supporting their domestic violence safe house shelter for women. We contributed to the Community of St. Dysmas in the Maryland Correctional System. We donated to St. Martin's Youth to alleviate some of their fund-raising burden for this summer's Annapolis community service. We also provided some funding to Sunday mornings' F.I.S.H. program. We thank God and all of you who have made these gifts possible.

## Thursday Mid-Day Bible study

Every Thursday at 11:30 am at the Double-T Diner (West St and Solomon's Island Rd). This informal review sheds light on each week's lessons for our Christian lives and provides Christian fellowship as we share a light lunch and conversation. Join us Thursday.

## Special Delivery for Pastor Dave!

While Pastor Dave is deployed, we have him in our thoughts and prayers. We can let him know we're thinking of him with notes, cards, and colored pictures... and these can go directly into his own mailbox in the narthex. Bring your notes and pictures to church and drop them in his mailbox. All will be collected and sent in one larger envelope each week. Thanks to all!

## VBS Donations Needed

Vacation Bible School is just five months away! The crafts/mission group asks that you save and donate clean/empty frosting containers and empty toilet paper or paper towel rolls. There'll be a donation box in the narthex for your contributions. What a great way to recycle. Thanks so much. Also, if anyone has a kids swimming pool that they no longer need and would be willing to donate, that would be greatly appreciated.

## Travel Size Toiletries

**Travel Size Toiletries:** Thank you to everyone who has been donating toiletries! We will continue to collect unopened travel size toiletries in the box in the narthex that can be shared with organizations such as the Light House Shelter. Thank you for your support!

## St. Martin's Lutheran School Fundraiser



Offer Valid at Chesapeake Bay Area Pizza franchise locations only.

**Enjoy 40% off while helping  
St. Martin's Lutheran School!**

Order online @ [papajohns.com](http://papajohns.com)

and use promo code:

**GOBULLDOGS40**

You will receive 40% off  
your regular menu price order  
& Papa John's will donate 10%  
off your order total back to  
St. Martin's Lutheran School!

Cannot be combined with any other offers.

## St. Martin's Softball League

For 25 years, there has been a church summer softball league in Annapolis (for men, women, youth). St. Martin's fielded a team for many years and we are trying to get a team together again. Games take place in June and July, (8 games total) once a week on either Mondays OR Wednesdays at 6:30 pm at the fields behind the Annapolis Middle School. The more churches that participate, the more fun! This is a wonderful time of fellowship for church members and softball fans. If you are interested in coaching a team from St. Martin's or want to just play on a team or have questions, please contact Christine in the church office, 410-263-4723 or [church@stmartinsonline.org](mailto:church@stmartinsonline.org).



**Full-Time Preschool Teaching Position available at:  
St. Martin's Lutheran School, Annapolis, MD**  
Requirements: Certified in Early Childhood Education and college degree. Three years preschool teaching experience in independent schools preferred.

If you know anyone interested, please have them email a resume to our Head of School, Mr. Jim Moorhead at [jmoorhead@stmartinsonline.org](mailto:jmoorhead@stmartinsonline.org) and Director of Admissions, Mrs. Kelly Peenstra at [kpeenstra@stmartinsonline.org](mailto:kpeenstra@stmartinsonline.org).

\*\*\*\*\*

**St. Martin's School Part-Time After Care Staff member** for preschool, elementary and middle school students. 1:30-3pm and/or 3:00-6pm on certain weekdays.

Any interested candidates, please forward your resume to Kelly Peenstra at: [kpeenstra@stmartinsonline.org](mailto:kpeenstra@stmartinsonline.org).

## St. Martin's Dedications Flowers, Bulletin, Candle

St. Martin's offers its members several opportunities to make dedications in honor or memory of loved ones, special events, such as weddings, baptisms, first communions or confirmations, or just to the Glory of God! These include flowers on Sundays to enhance the beauty of the sanctuary, the sanctuary candle (the large seven-day candle), and bulletins.

Flower arrangements are ordered from Gateway Florist for a cost of fifty dollars. Many of our members have preferred to make their own arrangements from flowers they purchase themselves or from flowers from their yards. Several vases that can be used are available in the sacristy or, if you choose to use your own vase, it will be returned to you. Please make sure you indicate on the dedication form if you would like to have flowers delivered from Gateway Florist or if you will be providing your own flowers.

The cost of the bulletin dedication is fifteen dollars; and the candle dedication is twelve dollars. Each Sunday, the bulletin announces the dedications that have been requested, be it flowers, bulletin or candle. The announcement includes the dedication provided by the giver and the giver's name, if desired.

Do you have a special event coming up for yourself or for a loved one or friend? Consider celebrating it with a Sunday dedication! You can find the Dedication Envelopes for flowers, bulletin and candle on the bulletin board across from the Library Lounge. Instructions for dedications and payments are on the envelope.







MARYLAND DEPARTMENT OF HUMAN SERVICES  
**Anne Arundel County**  
Department of Social Services

**Carnitra D. White**  
Director

Main Office  
80 West Street  
Annapolis, Md. 21401-2478  
Telephone: (410) 269-4500  
D.C. Line: (301) 261-1756  
TDD: (410) 269-4512  
Fax (410) 974-8566



**Steuart Pittman**  
County Executive

Mission  
*The Anne Arundel County  
Department of Social Services  
will assist County residents to  
achieve and maintain self-  
sufficiency; provide services to  
strengthen individuals and  
families; and join our  
community partners in the  
protection of vulnerable  
children and adults*

Other Locations

Glen Burnie Office  
Multi-Purpose Building  
7500 Ritchie Highway  
Glen Burnie, Md. 21061  
(410) 269-4500

Heritage Center  
2666 Riva Road  
Suite 390  
Annapolis, Md. 21401  
(410) 897-3950

Child Advocacy Center  
Winterode Building  
41 Community Place  
Crownsville, Md. 21032  
(410) 421-8570

January 24, 2019

St. Martin's Evangelical Lutheran Church  
1120 Spa Road  
Annapolis, MD 21403

Attn: Barbara Freeman

Dear Barbara,

The Anne Arundel County Department of Social Services wishes to thank you for your very generous tax-deductible donation to 12 families and/or seniors through our Holiday Sharing Program.

With the time and generosity of 445 donors and monetary contributions of \$12,840.20 the Holiday Sharing Program was able to assist 1339 families and seniors for Thanksgiving and 2,481 families and seniors for Christmas. Twenty-one schools, churches and non-profit organizations in the county cleared their family and senior names through the Holiday Sharing database, enabling us to avoid duplication. Working in partnership with these organizations, a total of 6,025 families and seniors throughout Anne Arundel County received food and/or gifts for the holidays.

We would like to acknowledge *The Marine Corps Toys for Tots*, for providing toys for 675 children and the *Santa Claus Anonymous* organization for providing us with 1300 gift certificates.

Thanks to your continued generosity and support, the Holiday Sharing Program continues to successfully help families and seniors throughout Anne Arundel County.

Sincerely,

Tanya Clements, Division Director  
Office of Community Initiatives & Programs



## **Vacation Bible School July 8 - 12, 9 am - 12 noon**

To Mars and Beyond - Explore where God's Power can take you.  
We will go beyond with Faith, Boldness, Kindness, Thankfulness and Hope

We will again have classes for age 4 through finished 4<sup>th</sup> grade. If you are in 5<sup>th</sup> grade or above, we would welcome you as a volunteer. We also need adult volunteers.

We will be opening registration on April 1. You can register by clicking the link below, then hit the "register now" button at the top right of the page. This will take you to our registration page and you can choose to register a child. If you would be interested in volunteering as a helper, you can register there as well. You should receive a confirmation email.

<http://stmartinsannapolis.org/outreach/vacation-bible-school/>

This year we again have the option of paying with PayPal. After registering, you can return to the church VBS web page and use the PayPal option there. This will allow you to pay with a PayPal account or major credit card. As before you may also send a check to the church office (1120 Spa Rd, Annapolis, MD 21403). Be sure to include VBS and the child's name on the memo line and put VBS on the outside of the envelope.

If you think you can help in any way or have any questions, please email us at [vbsMLC@gmail.com](mailto:vbsMLC@gmail.com) or call Judy Houston at 410-263-3888. Hope to see you in July.

# *The Chaplain's Corner*

*a note from your Chaplain*

*This is my Son, my Chosen. Listen to Him..*      Luke 9:35b

We begin March on the mountaintop of Transfiguration. Jesus went to the mountaintop to pray, and took Peter, James and John with him. On that mountaintop, while he was praying, something changed. Jesus is radiant! Everything is beautiful!

The next day, however, they descend the mountain and return to their day-to-day even as Jesus continued his journey – to Jerusalem. From Transfiguration we, too, come down from the mountain ... down ... down into Lent, that season of repentance, season of remorse, season of “giving up.” For me, and probably for many of you, Lent was a somber time in the church year. This year for Lent, instead of giving up, I would invite you to give or rather that you pray ... that you *pray without ceasing*.

What should we pray for? A study published in this month's **Living Lutheran** lists the most frequent content of prayer: gratitude and thanksgiving, family or community needs, personal guidance, health and wellness, forgiveness, safety, a sense of peace and other specific personal concerns. This year during Lent, as we walk with our Lord on His journey to Jerusalem, I would invite us to truly follow our Lord and engage in constant prayer ... recurring prayer.

As we pray, we should do so with a focus on God and on our desire to strengthen our relationship with Him. Like Jesus, as we pray, we should look for and expect a change. Perhaps as part of our Lenten discipline, we can re-read the Book of Psalms (which Dietrich Bonhoeffer called “the prayer book of the Bible”). As we read the prayers of the Psalmist so long ago, let us find the significance of these prayers as they guide us to strengthen our own.

In 1 Thessalonians 5:17, St. Paul tells us to “pray without ceasing.” No, that doesn't mean to pray non-stop. Actually, the Greek *adialeiptos* translates as to have prayer constantly recurring. It is my prayer that we *will* pray without ceasing, that we *will listen* and hear our Lord calling us to Himself, that we will listen and answer that call and follow.

...and in the words of St. Paul to the church at Philippi, my prayer for you...

*Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God which surpasses all understanding will guard your hearts and your minds in Christ Jesus.*      Philippians 4:6-7

*Chaplain Paula*

Volume 3 | Issue 26

March 2019



Laura Albanese

Director of Youth Ministry

Cell: 443-699-2539

Email:

[youthdirstmartins@gmail.com](mailto:youthdirstmartins@gmail.com)



smlc\_youth\_group

# St. Martin's Youth Newsletter



THESE YOUTH ARE STRIKING TO PERFECTION AND ARE RIGHT UP OUR ALLEY...OKAY ENOUGH OF THE BOWLING PUNS...WE HAD A GREAT AFTERNOON HANGING OUT!

*News from Mrs. Laura....*

*HAPPY MARCH! Spring is right around the corner and so is the season of Lent. We'll be kicking off a 3 week Lenten dinner and Bible study in April so be on the lookout.*

*Reminder: My days off are Tuesdays, Fridays and Saturdays unless there is a youth event.*

## March Fellowship and Service Events

**March 6th- Dinner and Ash Wednesday Service-** We'll meet at Little Italy for dinner at 6pm and then head over to church for the 7pm service. We will need at least one other adult/driver from Little Italy to church.



**Monday March 11<sup>th</sup> 5:30-7pm- Lighthouse Shelter Dinner-** We will be making and serving dinner to the residents at the Lighthouse Shelter. A signup genius will be sent the first week of March with items to donate and to sign up and serve.

**Wednesdays evenings for six weeks in March starting 3/13** Join us for an hour of gentle, mindfulness yoga. Classes will be taught a certified yoga instructor and are open to youth in middle school- adult. Class is \$30 for the six weeks. Please sign up by emailing me.

**Saturday, March 16<sup>th</sup> 6:30-8:30pm Pizza and Movie-** The fellowship committee is hosting Movie and Pizza Night at church. They will be showing the movie *Hidden Figures*. Look for bulletin announcements for more details.

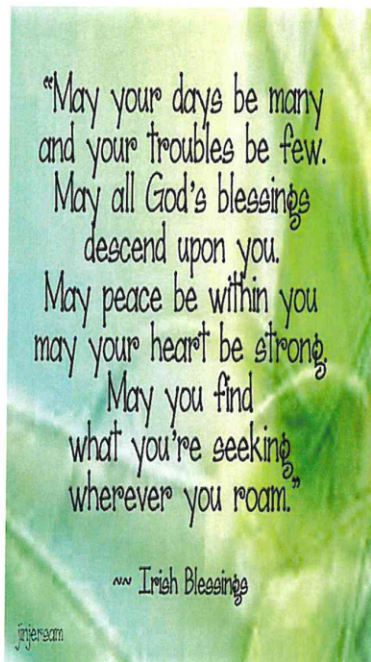
### Senior High Sunday Mornings at 9am

All senior high youth, friends and middle school friends already confirmed are invited to join us Sunday mornings.

- Sunday, March 3rd- FISH
- Sunday, March 10th- God on the small screen- Join us for discussion as we watch how faith is portrayed in the movies and on TV.
- Sunday, March 17<sup>th</sup>- Let's celebrate St. Patrick's Day- Breakfast at Panera- Meet in Laura's office by 8:45am and we will travel over to Panera return for the 10am service.
- Sunday, March 24th- God on the small screen
- Sunday, March 31<sup>st</sup>- There is a 5<sup>th</sup> Sunday this month so that means- FREE BREAKFAST again- place TBD closer to the date.

### Confirmation Students

- **Reminder- Please turn in your Service Hours and Worship Reflections!**
- Worship Reflection requirements have changed- please turn in **12** worship reflections instead of 15. We have a few students almost done with this requirement.
- **Sunday, March 24<sup>th</sup> 8am and 10am-** Confirmation youth will be serving at both services as ushers, communion assistants, lectors and acolytes. Please contact Linda Wetz at [lkwetz@verizon.net](mailto:lkwetz@verizon.net) or see Laura if you have questions. Click here to sign up: <https://www.signupgenius.com/go/4090445ACA72AA4FA7-confirmation1>
- Confirmation Make-Up Wednesday will be **Wednesday, March 27<sup>th</sup>** at 7pm in the library lounge. Please RSVP to Laura by 3/26.



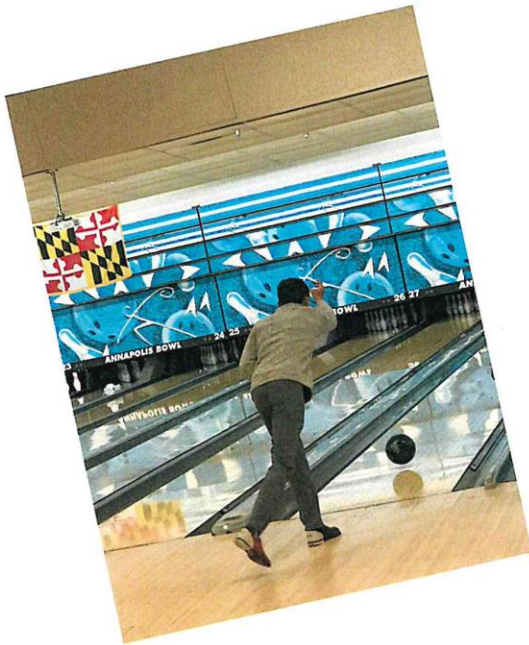
### March Lessons

- March 3<sup>rd</sup>- FISH (8<sup>th</sup> graders will do a catechetical review with Mrs. Holly in the art room)
- March 10<sup>th</sup>- Zacchaeus
- March 17<sup>th</sup>-The Good Samaritan
- March 24<sup>th</sup>-Parable of the Lost/Found
- March 31<sup>st</sup>- Rich man and Lazarus – 8<sup>th</sup> graders catechetical review with Mrs. Holly in the library lounge
- ***Confirmation students who are being confirmed need to set up a meeting with Pastor Bill. To sign up for a time please go to:***  
<https://www.signupgenius.com/go/4090445ACA72AA4FA7-meetings>

### Mark Your Calendars Now!!

**Monday, July 29-Friday, August 2<sup>nd</sup>- St. Martin's Service Camp-** It's our first service week camp at St. Martin's. Join us for a fun week of interactive service projects and fellowship events. Each day will participate in a meaningful service project (Operation Homecoming, Packaging 10,000 meals and more) and then cut loose for some fun fellowship events. Can't join us for the whole week- no worries 2 day and 3 days are available too. Space is limited.

### *Pictures from Cookie Making for the Seafarers and Bowling*



# ME? SING? YES!

*It's time for you to join a choir!*

Lenten Rehearsal Schedule

**COME AND JOIN OUR CHOIR FOR EASTER!**

Handbell Choir -

Wednesday's @ 6:00 - Music Room

Chancel Choir -

Wednesday's @ 8:00 - Music Room/Sanctuary

Children's Choir (ages 5+) -

1st, 3rd, and 5th Tuesdays @ 4:30 - Music Room



## WHAT AM I GETTING OUT OF IT?

It's a proven fact that singing a chorus is more fun when we are surrounded by friends, belting it out at the top of our lungs. Maybe that doesn't seem like a proven fact, but according to recent research -- it actually is. Humans are wired for rhythmic togetherness; from choral singers, musicians, dancers, to rowers, the science is coming in that we bond best when we are making music with each other. Studies show that choral singing improves our mood, with a decrease in stress, depression and anxiety. These effects are often attributed to the deeper breathing associated with singing, that is also used in meditation. These benefits are enhanced in a group setting, compared to singing alone. Singing in a group offers us a sense of belonging to something bigger than ourselves. It helps us feel that we are needed by the larger community. In that light, choral singing programs are beginning to make big strides at senior centers, as a way to improve the quality of life for the older members of our society. Beyond these psychological effects, our physical health is also impacted for the better: lower blood pressure, increased blood oxygen saturation, elevated immunity, higher pain threshold, stronger respiratory muscles, and less stuttering. Music making produces measurable changes in the brain! These changes positively impact our ability to heal after strokes by assisting the formation of alternative pathways around damaged brain tissue. All of these factors can lead to a deeper sense of well-being and overall happiness. Another notion is that the experience of making music together provides a sense of awe not just for the observers, but for the participants, as well. If one voice, instrument, or dancer alone is amazing, a group of performers is more so. What does that awe lead to? Research shows that this emotion engenders an enhanced sense of altruism. It seems to shift our focus from our own narrow view to that of our common humanity. Those who report more awe in their lives have been shown to be more generous, more ethical, and more helpful towards others. Perhaps as we join with others to create an experience of great beauty, we diminish any sense of scarcity, while augmenting our connection to all in a way which is paradoxically self-affirming. We feel more comfortable and happier in our own skin. The statistics are in. In 2017, only 33% of Americans described themselves as happy. A full 40% said "they rarely engage in hobbies and pastimes they enjoy." It is time to turn that around.

<https://artistworks.com/blog/surprising-health-benefits-singing-choir>



# COMING IN 2019!

*Check out what's coming to the St. Martin's Fine Arts Series!*

Harbor City Music Company Show Chorus



Old Mill High School Steel Drum Band



U.S. Air Force Strings



U.S. Navy Sea Chanters



Saint Martin's Mighty Moller!



Saint Martin's Choirs





## **Birthdays and Wedding Anniversaries**

*If your birthday or anniversary is*

*not listed here, please provide the church office with the information so you can be included next time!*

### **Birthdays**

3/1 Eli Shenk  
3/2 Susan Connell  
3/3 Betty Strohl  
3/5 Robert Connell  
3/9 Norma Hetrick  
Holly Stock  
3/10 Kim Rosekrans  
3/11 Jean Gates  
3/12 Nicki Parrish  
3/18 Betty Knupp  
3/19 Andrew Gebelein  
Lisa Mielke  
Laura Roberts  
Lauren Smith  
3/21 Drew Parrish  
3/24 Quinn Crabtree  
3/25 Asher Carey  
Aaron Ochalek  
3/26 Margerete Washington  
3/27 Catherine Elliott  
3/28 Charlene Brogan  
Sarah Gatchel  
3/30 Janina Wolfe  
3/31 J Ryan Parker

### **Anniversaries**

3/8 Mike and Pat Wagner  
3/21 David and Nicki Parrish

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Calendar Rev. 2/26/19

Please continue to  
check our website's  
**News & Events** tab  
for any new updates.

# March 2019

1

2

## 3 Transfiguration

8 am Worship (S)  
9 am Ed. Hour/  
Confirmation  
9 15 am Choir  
Rehearsal (S)  
10 am Worship (S);  
First Communion

4

7 pm Adult Bible  
Study (B)

## 5 Shrove Tuesday

4:30 pm Kids Choir  
Rehearsal (Music  
Rm)  
4:30 pm Pancake  
Supper (Gym)

## 6 Ash Wednesday

7 am Men's Bible  
Study  
8:40 School Chapel  
10 am Staff Mtg  
12 pm Service (S)  
6:00 pm Bell Choir  
(Music Room)  
7:00 pm Service (S)  
8:00 pm Choir  
(Music Room)

7

11:30 am Mid-Day  
Bible Study (Double  
– T Diner)

8

9

10 am Joyful Hearts  
(A, B)

10

8 am Worship (S)  
9 am Ed. Hour/  
Confirmation  
9 15 am Choir  
Rehearsal (S)  
10 am Worship (S)

11

10 am Flying  
Quilters (A, B)  
5 pm Light House  
Dinner (Youth)  
7 pm Adult Bible  
Study (B)

12

1 pm Outie Lunch  
(Soul, Annapolis)

13

7 am Men's Bible  
Study  
8:40 School Chapel  
10 am Staff Mtg  
6:00 pm Bell Choir  
7:00 pm Lenten  
Service & Drama (S)  
8:00 pm Choir

14

11:30 am Mid-Day  
Bible Study (Double  
– T Diner)

15

16

6:30 pm Pizza and a  
Movie (Fellowship)

17

8 am Worship (S)  
9 am Ed. Hour/  
Confirmation  
9 15 am Choir  
Rehearsal (S)  
10 am Worship (S)

18

7 pm Adult Bible  
Study (B)

19

1 pm Prayer Shawl  
Mtg. (J. Svobodas)  
4:30 pm Kids Choir  
Rehearsal (Music  
Rm)

20

7 am Men's Bible  
Study  
10 am Staff Mtg  
6:00 pm Bell Choir  
7:00 pm Lenten  
Service & Drama (S)  
8:00 pm Choir

21

11:30 am Mid-Day  
Bible Study (Double  
– T Diner)  
1 pm School Open  
House

22

**\*\*St. Martin's  
Lutheran School  
Closed \*\***

23

24

8 am Worship (S)  
9 am Ed. Hour/  
Confirmation  
9 15 am Choir  
Rehearsal (S)  
10 am Worship (S)

25

10 am Flying  
Quilters (A, B)  
7 pm Bible Study (B)

26

6:30 pm School  
Board Mtg.

27

7 am Men's Bible  
Study  
8:40 School Chapel  
10 am Staff Mtg  
6:00 pm Bell Choir  
7:00 pm Lenten  
Service & Drama (S)  
8:00 pm Choir

28

11:30 am Mid-Day  
Bible Study (Double  
– T Diner)

29

6:30 pm Elementary  
Aged Youth –  
Dinner & Bowling  
(Annapolis Bowl)

30

31

8 am Worship (S)  
9 am Ed. Hour/  
Confirmation

9 15 am Choir  
10 am Worship (S)  
3 pm Concert (S)



1120 SPA ROAD ANNAPOLIS, MD 21403



**St. Martin's Evangelical Lutheran Church**

1120 Spa Road, Annapolis, Maryland 21403

410-263-4723

E-mail: [Church@StMartinsOnline.org](mailto:Church@StMartinsOnline.org)

Web site: [StMartinsAnnapolis.org](http://StMartinsAnnapolis.org)

*The Rev. Dr. Bill Gilroy, Pastor*

[chapsdo@gmail.com](mailto:chapsdo@gmail.com)

Sunday Worship: 8:00 am, 10:00 a.m.

Sunday School: 9:00 a.m.

**St. Martin's Lutheran School**

Pre-K 3's through Grade 8

410-263-8016 or 410-269-1955

*Mr. James D. Moorhead, Principal*

**St. Martin's Mission Statement:**

**Welcoming all and growing together  
to share God's love and serve Christ  
with energy and joy!**